



1317 Hildreth Drive P.O. Box 150098 Nashville, Tennessee 37215 (615)-665-0090

### **Swim Test Documentation**

Name: \_\_\_\_\_ Gender: M/F Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/guardian: \_\_\_\_\_ Phone #: \_\_\_\_\_

### **Swim Test**

Date administered: \_\_\_\_\_ MOD: \_\_\_\_\_

- ☐ Completed - Swim 25 yard length of pool without assistance or stopping
- ☐ Completed - 1 minute treading water in deep end
- ☐ Completed - jumping off boards and making it to side with no assistance
- ☐ Completed - jumping into pool and pushing off bottom
- ☐ Completed - rules review with manager

Test Results: Pass/Fail \_\_\_\_\_ Notes: \_\_\_\_\_

### **Swimmer:**

I understand all of the rules of the club and promise to follow them.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Parent/Guardian:**

I, \_\_\_\_\_, hereby authorize my child, \_\_\_\_\_  
to use the Seven Hills pool facility and diving well. I have reviewed the rules with my child.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Family Information Form on File:** YES or NO *\*This document must be on file at the front desk.*

\_\_\_\_\_ Date: \_\_\_\_\_

Manager Signature